

***Sexuality, Sexual Trauma and General Trauma Treatment Referral List**

If you are looking for qualified therapists to work with and are not currently a student or graduate of the Somatic Experiencing (SE) training, pretty much anyone on this list could serve your needs. Read their descriptions and look on their websites for more information. An SEP is a graduate of the SE training.

Those of you who are currently in the SE training needing credit towards certification, make sure the person you work with is approved at your training level. Best to write them and ask. Scroll down.

1. SE Practitioners or community with extensive training in sex. education, sexuality and sexual abuse - (not currently approved to offer credit towards SE certification but excellent therapists)

Arizona

Sia Lenaburg

Email: sialenaburg@gmail.com

Text: 480-404-5548

Sia Lenaburg, LMHC is a psychotherapist specializing in Somatic Experiencing, AF-EMDR, & Dance Movement Therapy. Sia specializes in working with womxn & nonbinary people recovering from eating disorders, sexual trauma, and abuse. As a former dancer and yoga instructor, Sia enjoys bringing creative movement and an understanding of subtle body energetics into the work of healing trauma. Sia is particularly interested in the intersections of social justice, somatic abolitionism, and pleasure activism in the field of trauma healing. Sia is a big fan of cats, science fiction, and playing the harp.

Favorite quote:

“Healing isn’t about feeling better. Healing is about learning to feel more.” – Amita Swadhin

California

Irene Fehr (Netherlands)

Website: <http://www.irenefehr.com>

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My two areas of expertise as a sex & intimacy coach are

- sexless marriages: helping monogamous couples restore connection and sexual intimacy (and heal all of the relational trauma that comes from being in a sexless marriage as well heal the attachment trauma that got there to begin with)
- women's libido and pleasure (and the trauma of losing it in a marriage and experiencing painful sex).

Most of my clients are heterosexual couples in a sexless marriage where the woman lost her libido. I also work with single women who are either divorced and struggled with interest in sex or painful sex in the past, or women who want to be in a relationship and are blocked by past experiences of not enjoying sex or painful sex. My specialty came out of my own experience having lost my libido and ending up in a sexless marriage — the recovering. I've created my own proven approach based on a variety of trainings I've done.

Background:

- I am a certified Co-Active coach from CTI (Co-Active Training Institute)
- I have trained in Gottman levels 1 & 2
- Have done a lot of self-study with Sue Johnson's EFT and Stan Tatkin's approaches.

- In SE, I am yet to take Adv II — and it's been difficult to schedule it as there are limited options in Europe, plus COVID (and I am NOT taking another US course anytime soon!). Lots of personal sessions and group consults.

And mostly, I have created my own approach based on almost a decade now of going into the trenches with my clients, helping them understand themselves and each other open their hearts again so they can open their genitals to each other. I have not found any one modality that actually addresses the real challenges of couples going through a sexless marriage. I am usually a last resort for my clients, who often spend years in therapy or even with other coaches, and see no progress. I work with couples for at least a year (a minimum commitment) and create tailored journeys for deep life-changing transformation. My practice is geared towards traditional monogamous heterosexual couples (or single women wanting to be in that dynamic). Many come from religious backgrounds. They're progressive and into personal growth, but would never go to a workshop or do anything in public around sex and intimacy. They're private and guarded and live in circles where sex is not discussed. I basically teach Tantra principles but translate them into plain English because my clients do not resonate with its language or esoterism.

Justine Dawson

Website: justinedawson.com

Justine is a teacher and guide of intimacy and awakening. A 26 year practitioner of Insight Meditation, she completed teacher training under Jack Kornfield at Spirit Rock Meditation Center in 2012. In addition to her study and practice in Buddhist psychology, Justine has devoted over 15 years to exploring and teaching in the realms of the erotic - desire, sex, intimacy, and aliveness. She draws on the embodied nervous system understanding of Somatic Experiencing and the parts work model of Internal Family Systems to support people in unburdening the shame, fear and judgment that prevents them from intimacy with all aspects of life. Justine has a special love of working with late bloomers, women at midlife and anyone wishing to bridge the spiritual and sexual. Justine is currently keeping it real in Los Angeles, CA where she lectures regularly at [UCLA's Mindful Awareness Resource Center](#), mentors new teachers through the [Mindfulness Meditation Teacher Certification Program](#), and maintains a private practice working with individuals and couples in person and online from all corners of the globe.

Annie Boheler

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Annie Boheler is a Certified Somatica® Practitioner, Sex Coach and Somatic Experiencing® Practitioner. She is committed to working with individuals, couples, triads and groups around intimacy and collectivism through a trauma informed lens. Her focus is to support your idea of an intentional relationship design founded in pleasure positivity.

Founded in deep ecology and anti-oppression work, Annie enjoys working with those who seek holistic healing and empowerment. She is comfortable working within her LGBTQIA+ community, historically marginalized relationship styles, kink, sexual assault, body image, and supporting your overall sexual confidence. Currently all sessions are online.

Catherine de Sauvage

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Originally from Belgium, Catherine de Sauvage (She/Her/Hers) is a bilingual (French/English) certified Somatic Experienced Practitioner and an AASECT certified Sex therapist. Her two years experience with The Somatica method - a sex positive coaching approach (by Celeste Hirschman and Danielle Harel) has also allowed her to understand the importance of experiencing exercises in the body versus talking about experiences. She spent 9 years leading groups with people recovering from incarceration. She has learned from them the importance of being authentic. She has also developed a profound respect for sex workers and continues to work with them on Wednesday.

She was trained by Gina Ogden and practice the holistic method designed by Dr. Ogden: to re-author women's sexual story & empower them from a mind, heart, body, spiritual perspective (the 4-D Wheel method). She is also grateful to Peggy Kleinplatz who trained her in couple therapy; she believes in her work & research.

Marina Nabão

Website: <https://marinanabao.com>

Email: marina@marinanabao.com

I see myself as a body enthusiast, passionate about the wisdom and healing power of our bodies and all the ways we are able to integrate mind-body-spirituality in a conscious and loving way so we can thrive.

Working with hundreds of clients worldwide, both in my coaching practice and also as a Senior Teacher on faculty at VITA™ Coaching Certification, I have witnessed the power of somatic embodiment as a healing and empowering path. In my individual sessions, I help women and femmes trapped in past trauma heal, regain their sense of power, agency and erotic aliveness so they can thrive in all areas of life.

My work weaves the ancient teachings of Eastern traditions (Tantra, Taoism and Sacred Sexuality) and Earth-honoring ways of living, with the latest research on neurobiology for trauma healing. I also use holistic tools like breathwork, pleasure practices, deep nervous system regulation, meditation, energy healing and expansion, sounding, and movement to support clients heal and thrive in their sexuality. As a biracial, black, Brazilian immigrant, I love supporting BIPOC and White Allies.

My private practice is in the Bay Area, CA and online, which allows me to see clients worldwide.

Tiffany Compton

Website: <https://healingwithtiffany.com/>

Email: tiffany@healingwithtiffany.com

Receive somatic touch, somatic bodywork, and somatic sex education/coaching in a shame-free zone. Sex positive. Queer and trans affirming. Kink affirming. Poly/open relationships affirming. Many of my clients are neurodiverse, highly sensitive, grew up in sexually-repressed religions/cultures, and experience symptoms from complex trauma and/or medical trauma. My healing studio is located in Carlsbad, California. I also offer online sessions.

My Qualifications:

SEP

Kathy Kain Touch Skills Training 1 & 2

Holistic Health Practitioner

Professional Bodyworker

CranioSacral Therapy Provider

Energy Healer
Period Coach
Professional Cuddler
Certified Cuddle Party Facilitator
School of Consent graduate (Like A Pro & Teaching the Wheel in Groups)
Bachelor's Degree in Therapeutic Recreation
Extensive training in Tantra and Sensual Arts Sexological Bodywork student

Colorado:

Vanessa Allard

Website: <https://www.vanessaallard.com/>

Group practice: <https://www.redbeardsomatictherapy.com/team/vanessa-allard>

Location: Virtual work worldwide

Email: vanessa@vanessaallard.com

I am a Somatic Experiencing and Internal Family Systems Practitioner, TRE Provider, somatic coach, and Certified Rolfer. I also have training in DARE attachment work. I am sex-positive and very comfortable working with sexuality & intimacy, sexual trauma & dysfunctions, LGBTQ+, eating disorders, and attachment. My practice is 100% virtual serving clients worldwide.

More about me:

With over 15 years of experience and extensive training in the fields of coaching, somatic therapy, and bodywork, I bring a unique combination of expertise to the individuals and groups I work with. I grew up in a family of alternative healthcare practitioners, so I have been immersed in somatics from a young age. I have dedicated my life to studying healing modalities and to my own deep personal work, which supports me in helping others learn more about who they are and their own innate capacities. When I'm not seeing clients, I find joy in being outdoors and raising my daughter with my husband [Alex Greene](#) (also a somatic coach!) As a body-centered coach, I work holistically, intuitively, and relationally to help you access your own innate ability to heal. My therapeutic approach is person-centered and trauma-informed, fluidly weaving together my broad set of modalities, highlighting mindfulness and body-felt sense awareness. I am committed to offering a safe and supportive space for my clients to become curious about themselves, their choices, and their behaviors. I care deeply about the work that I do and strongly believe in the healing potential of the therapeutic relationship.

North Carolina

Xanet Paillet

Website: www.powerofpleasure.com Email: xanet@powerofpleasure.com Phone: 415-562-7018

Xanet Paillet is the best selling author of *Living an Orgasmic Life: Heal Yourself and Awaken Your Pleasure*. Xanet is a recovered NYC health care lawyer who lived in a sexless marriage for over two decades. After experiencing her own sexual healing and awakening in 2011, she transitioned her career into a full-time sex and intimacy educator and coach and trauma practitioner. Xanet believes that pleasure is our birthright and she is passionate about helping women find their way back into their bodies, their desires, and their pleasure. Xanet works with couples who are in sexless marriages and women who have experienced abuse and trauma. She helps them heal their wounds, release their trauma and shame, and reconnect with their sexuality. Xanet is a certified Somatica Sex and Intimacy Coach, Sexological Body Worker, Holistic Pelvic Care Practitioner, Tantra Educator and Somatic Experiencing Trauma Advanced Student. She is on the faculty of 1440 Multiversity, Ecstatic Living Institute and the Somatica Institute.

Maryland (and Washington, D.C.)

Cara Miller, Ph.D., SEP

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My practice is sex-positive, queer and trans-affirming, HAES supportive, and culturally-responsive. Gender identity, sexuality, and relationships are areas of practice, research, and teaching that I focus on in my psychotherapy private practice and as a faculty member of a Clinical Psychology doctoral program. I spent a number of years working in the Diversity, Equity, Inclusion, and Access (DEIA) field in higher education, coordinating a university LGBTQA Resource Center and developing and offering DEIA trainings. As a psychotherapist, I work with individuals and couples/partners,, including those who are deaf/hard of hearing, have physical and sensory disabilities, are trans and/or gender non-conforming, poly, and/or have other marginalized identities. I'm bilingually fluent in American Sign Language (ASL) and English. I am a training assistant for Somatic Experiencing International (SEI) training teams, including those in San Diego, CA; Anchorage, AK; and Silver Spring, MD. I have also pursued further training with Steve Terrell and Kathy Kain (Somatic Resilience and Regulation; Transforming the Experience-Based Brain; and others), and am thrilled to assist with Kathy Kain's Somatic Skills Online (SSO) training. I'm an approved session provider for Beginning and Intermediate Somatic Experiencing personal sessions.

Michigan and Illinois

Candice Wu

Website: <http://www.candicewu.com>

Email: embody@candicewu.com

I am a multi-dimensional and intuitive embodiment facilitator. I have a sex-positive practice and work with sexuality, identity, sexual trauma, kink, eroticism and BDSM basics. I work with BDSM experiences with my clients' intentions including to explore the healing experiences within them. Sexual embodiment and pleasure, relationships, intimacy, polyamory/ENM/CNN and other relationship setups.

I am an intuitive and holistic practitioner and support deep self-love, embodiment, wholeness, and self-expression. Working with your vibrational alignment, you are the source of your healing. I guide people in allying with their own energies and bodies to feel like themselves.

I work with both individuals and couples/relationships. My healing sessions are offered remotely through online video. I offer on location immersions and retreats, workshops, mentorship. I am currently located in Michigan and travel often to Chicago.

Offerings/Background: Somatic Experiencing, Family constellations, integrative yoga/Ayurveda, Gottman level 1 training, Emotion focused Therapy for couples, voice dialogue, clinical psychology, Indigenous and spiritual practices, energy work.

New York (& New Jersey)

Christina Marie Tobey

Website: <http://www.christinatobey.com>

Email: christinatobey@yahoo.com

I'm an SEP, a certified sex therapist as well as a couples therapist (certificate from the Ackerman Institute for the Family as well as advanced training in EFT couples therapy), and I have done substantial training in AEDP. My MSW is from Smith.

I specialize in relationship issues, trauma, and sex therapy - (lots of interpersonal trauma, attachment trauma, sexual trauma, and lots of grief and shame work). My office is usually in lower Manhattan although I am still only offering teletherapy because of the pandemic. I am licensed in NY and NJ.

Erika Kawalek (New York, US and Montreal, CA)

Email: ekawalek@gmail.com

I'm a highly trained somatic sex coach and advanced student of Somatic Experiencing. I am also a death doula. I love supporting people who long to feel more pleasure and aliveness in their bodies and their lives, to live boldly (or quietly, as it may be) with exquisite authenticity. I also help people explore grief, death, and longing as a path to embracing the ecstasy of life, and I can help people plan their deaths and engage in hands-on ancestral work—a valuable practice that can liberate all kinds of potentials and resources.

As a devotee of Indo-Tibetan tantrik yogas, I practice avidly in a woman-led, utterly gynocentric, unbroken lineage that is thousands of years old. I don't bring this directly into my sessions. I am, however, deeply committed to helping students and teachers on traditional nondual embodied paths with integration of *practice* and *samskaric* patterns widely labeled "trauma." I also see plenty of non-spiritual people for whom this paragraph means zip, and that's fine with me.

My private practice is based in my hometown of Montreal, Canada and I travel frequently to Northern Vermont and New York City (where I lived for two decades). I offer sessions in person and online, and in remote nature whenever possible. I generally work by word of mouth; no website right now. Please email me to set up a free discovery call.

I am a single mother to a mixed-race girl. Mothering and caregiving are a big part of my life. I feel comfortable working with individuals, couples, and sex workers of all ages, genders, identities, abilities, relational structures, religions, and proclivities.

Canada

Tracy Montgomery

Website: www.tracymontgomery.ca

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Tracy is a somatic sex educator and somatic experiencing practitioner who supports individuals and partnered folks to bring more pleasure and aliveness into their bodies and their lives. Tracy has a private practice in Ottawa, ON, and offers sessions in person and online. She is the past president of the Somatic Sex Educators Association and adjunct faculty at the Institute for the Study of Somatic Sex Education. Visit Tracy's website to learn more or to book a free Discovery Call.

Alex Papaconstantinou

Email: alex@withinsomatics.com

I am a Somatic Educator and Bodyworker working to help folks live more in their bodies. I am trained in Somatic Experiencing, Somatic Touch Work, Somatic Sex Education, and NeuroAffective Touch. I weave the Wheel of Consent into every session. My ideal clients are folks with complex, developmental, sexual, relational, attachment, intergenerational, and shock trauma. I work with an anti oppression and decolonial lens. I am located in Victoria, BC and offer intensives and retreats in addition to 1-on-1 work in person and online.

Avdeep Bahra

Website: <http://www.avdeepbahra.com>

Email: avdeepbahra@gmail.com

Avdeep Bahra is a Somatic Experiencing® Practitioner, HeartMath Certified Coach, Certified Neurolinguistic Programming (NLP) Practitioner and Occupational Therapist. After spending years struggling with chronic fatigue and pain with no medical reasons given at the time, she came to the realization that much of it was stemming from unresolved trauma, including sexual trauma, and the related emotions. Through her personal and professional journey, she recognizes the power of safety, non-judgment, self-expression, connection with others, release of suppressed emotions, embodiment and nervous system regulation in health and healing. The approaches Avdeep learnt along this path have now become her gift and way for supporting others. She brings a unique blend of approaches and inner knowing in all her work with others. She is passionate about working with others on similar journeys and offers one on one appointments, retreats and group programs I work with clients with a history of sexual trauma including childhood sexual abuse. I also support clients with a history of attachment, birth and/or ancestral trauma, and BIPOC folks.

Nicole Belina—Ontario

<https://www.blisscounselling.ca/>

<https://maps.app.goo.gl/5fajbVqhJtnoeJZs5>

I am a Registered Social Worker (RSW) with a Master of Social Work (MSW) degree, with 15 years of experience in the field. I have training in and focus on trauma and sex therapy, and the intersection of these things. I work with folks who have both sexual and non-sexual trauma histories using DBT, IFS, SE, etc. to help them learn about the neurobiology of trauma, how it is stored in the body, and how to regulate their nervous systems and, for those for whom it is appropriate, discuss how their trauma has impacted their sexuality or intimacy with themselves and/or others.

My other area of ongoing training and work in, is problematic or out-of-control sexual behaviour (ie. "sex/porn addiction"). Pornography viewing and other sexual encounters (in person or online) are explored from a sex-positive perspective, to determine whether these behaviours are problematic and how to make changes to them.

Australia

Bonnie Bliss

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I'm a Somatic Sexologist, intimacy educator and embodiment teacher specializing in female pleasure and internal pelvic wellness. I support female clients 1:1 with challenges related to libido, relational intimacy, self intimacy, self care, internal numbness and body image - and I also work with those who are just curious to discover more of their sexual selves and expand their pleasure and orgasmic capacity.

My work is entirely online these days, and I have a range of low cost online programs, as well as a longer, more in-depth program called The School of Embodied Pleasure. I'm releasing a Holistic Sex Coaching

practitioner training mid-2024, in collaboration with an ObGyn, Isabela Bottura, to start in 2025.

Mira Chazan

Website: <https://www.psychologytoday.com/au/counselling/mira-chazan-fitzroy-vic/712877>

Email: mirachazan.consulting@gmail.com

I am a psychotherapist, social worker and SEP. I am a kind and compassionate therapist who engages sensitively with people to address the issues affecting their lives in a holistic way towards health and wholeness. I work across the age span with children, young people, adults and older people aged 8 and over. I am trained in relational gestalt psychotherapy and somatic experiencing, and have worked as a relationally and somatically oriented psychotherapist and in the trauma field for a number of years. In addition to my SE training, I took Ariel Giarretto's sexuality module, followed by Kathy Kain's advanced training in somatic practice. I am in private practice, but was employed in sexual violence counselling services for close to 10 years, during which time I provided trauma therapy to individuals, including therapeutic support to families, debriefing to organisations, I ran therapeutic and skill development groups with clients and delivered education, group and individual supervision and secondary consultation to professionals, teams, school and university staff and students. I previously worked in mental health, disability, and community counseling, including in hospitals, government funded agencies and NGOs prior to transitioning to private practice. I work with intimacy, sexual and sexuality issues in relationships, and attend to issues stemming from developmental or early trauma. I welcome LGBTIQ+ and people from diverse cultural, ethnic or religious backgrounds. I am available for clinical supervision and consultation. I am based in an inner suburb of Melbourne, Australia and offer online sessions.

Nisha Gill

Website: <https://feminineinstincts.com.au/>

Email: nisha@feminineinstincts.com.au

I work at the intersection of trauma, female sexual embodiment, birth, bodywork & counseling. I offer Pelvic Embodiment Sessions using a combination of Somatic Experiencing and internal bodywork to clients identifying as female. My trauma trainings include SE, advanced sexuality workshops with Ariel Giarretto, Somatic Practice with Kathy Kain, Neuro Affective Touch with Aline LaPierre, and Pre- & Peri Natal trainings with Kate White. My special areas of focus are birth, sexual, developmental (incl pre & peri natal), and medical traumas.

My preferred clients:

- (1) female; history of sexual, birth trauma and /or developmental trauma
- (2) couples who would benefit from psycho-education and guided re-engagement in relation to trauma and how it impacts their sensual-sexual relating. This may include discussion around sexuality and sex; the practice of consent & establishing interpersonal boundaries; demonstrating/ supervising consensual touch; recommendations for titrated embodiment practices (solo and as a couple)

I work online with a global clientele and in-person between Melbourne, Australia and Umbria, Italy.

Susan Stark–Brisbane

www.susanstark.com.au

www.feastunlimited.com

Susan is a passionate and warm practitioner and facilitator, who is delightfully and unapologetically at home in her body and exploring the challenges and joys of claiming an erotically expansive and vibrant life. She weaves together three decades of personal exploration, study, and experience as a Sexological

Bodyworker, Somatic Sex Coach, Counsellor and Group Facilitator. Susan has worked in a range of grassroots feminist organizations over the past 30 years, and is now working in private practice. She is currently in her final year of studying Somatic Experiencing with SE Australia. Susan has a special interest and long-term commitment to supporting survivors of sexual abuse and trauma reclaim their birthright of pleasure and sexual sovereignty. In addition to sessions, Susan continues to offer Embrace - a seven-week group on sex and pleasure for survivors as well as offering training and supervision to practitioners. Susan lives, works and plays in Kupidabin (aka Samford) in Meanjin (aka Brisbane) and offers individual and couple sessions as well as workshops and retreats. Susan is co-organiser and owner of FEAST (the Festival of Embodiment and Sexual Transformation) and runs an annual festival as well as other delicious offerings through this partnership.

Italy

Adriana Brablik

Website: www.adrianabrablik.com (soon in english)

Email: contatto@adrianabrablik.com Based in Udine, Italy. Available online worldwide.

I help women to take ownership of their bodies and sexuality, to regain a sense of safety, ease and pleasure. I encourage them to find their authentic connection to their bodies and erotic nature and be able to move through life with a sense of dignity and autonomy. I offer mentorship for therapists, somatic practitioners and other professionals on issues relating to sexuality, sexual trauma, narcissistic abuse and personal and professional boundaries.

Lucia Pattarino

Website: www.healingthetimeline.com

Psychological counselor specialized in intergenerational trauma. Somatic Experiencing® international assistant, approved to offer SE® sessions and supervisions at all levels (Senior 2). Senior assistant in NeuroAffective Relational Model (NARM™) approved to offer sessions and supervisions. I also work on GBV (gender based violence) survivors facilitating positive disclosure, supporting clients to break the feelings of isolation, guilt and shame that survivors of violence may experience. I am located in Tuscany (Italy) and available for both live and online sessions. I work in English, Italian, Portuguese, Spanish and French. I prefer to work with individuals.

Verbena Bottini

Fisioterapia Olistica- Dott.ssa Verbena Bottini Verbania (Italy)

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Tel: +39 380 768 9851

I am a Physiotherapist in Northern Italy (Verbania) with 20+ years of experience in different fields. Fascinated by the brain and the neuroplasticity I specialized first in neurological and neurocognitive rehabilitation for adults and children, I then moved to humanitarian work as a technical advisor for many international organizations in war zones and post-conflict regions for about 7 years. To sustain the health of my nervous system in those challenging environments I started practicing Vipassana meditation and Yoga and I became Hatha Yoga Teacher (2015) and Yoga Therapist (2017). I have been teaching both since then in small groups and one by one with a trauma sensitive approach (I attended a 2 day introductory course of Trauma Sensitive Yoga by the Trauma Institute). At the beginning I approached trauma from a spiritual/energetic perspective. In 2017 I studied in a Tantric Yoga school, I attended 2 tantric body de-armouring courses and a 2 week women pelvic care/sexuological body work with Martin Beaudoin in 2017. To have a more scientific foundation for my work, I then attended a Master in Pelvic Floor

Rehabilitation for health professionals in Italy in 2019/2020 and I completed my SEP training in September 2023. I mostly work with people with psychosomatic symptoms and syndromes, including women with pelvic floor pain, menstrual pain, fibromyalgia, intimacy difficulties etc. offering Somatic Experiencing based sessions which in most cases include healing touch, embodiment and movement practices.

Netherlands

Rosa Kelly

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I work with both couples and women around pleasure, intimacy, and relationships. Couples come to me because they have intimacy problems e.g. incompatible libido, a lack of sex and/or the effects of unresolved (sexual) trauma in the relationship. To help them re-ignite/re-new their sexual intimacy, even if they thought this was gone forever, is truly amazing. Women come to me because they want to rediscover their libido, finally feel comfortable in their sexuality or because they have unresolved (sexual) trauma they want to work on.

My approach is based on modern Western (neuro) science and ancient Eastern knowledge (Tao & Tantra). I am a Somatic Experience Practitioner (almost done), Sex, love, and relationship coach (from the Tantric Institute of integrated sexuality), trained in EFT, IMAGO, the developmental model, NVC and I am a Tao Tantric arts facilitator. I work online with people from all over the Netherlands and far beyond and also receive clients in my office in Amsterdam.

Switzerland

Marc Heusser

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I am building up a medical center (psychiatry and psychotherapy) in downtown Zurich, Switzerland specialized in traumatized children and adolescents, relations and sexuality — for heavy and early abuse up to OEA. We plan to have some 10 psychiatrists and psychotherapists in 2022. I am a federally licensed psychotherapist, also have done two years of med school, SEP, sexual educator, trained in sexual therapy, done a lot in neo- and old tantra, lots of post-advanced courses in SE, assisting with Stephen Terrell and Maggie Kline as well as Andreas Krüger (Hamburg). I also serve as a Swiss representative in EASE. I am used to work with severe sexual abuse, sexual preferences and identities. More than half of my clients have had suicide attempts, more than half have dissociative diagnoses, most have DTD.

2. SEPs who can give approved sessions who also have sex education training, or who specialize in working with sexuality, sexual assault and abuse.

California

Kate Nulty

Website: <https://www.katenultylcsw.com/>

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Kate O'Shaughnessy Nulty, LCSW SEP is a Southern California based Psychotherapist and Somatic Experiencing Practitioner that specializes in integrating a Holistic Approach to Healing. This Holistic Approach includes Attachment Theory, Child Development, Trauma Recovery, Neuroscience,

Psychodynamics, Somatic Mindfulness, and Somatic Touch Work. With over 17 years of private practice experience, Kate has worked extensively with Children, Adolescents, Adults, Couples, and Families. Because each person has their own unique experience, the therapeutic process is interactive and humanistic. Therapeutic work with Children includes: Birth Trauma, NICU Trauma, Divorce, Sexual Abuse Recovery, Adoption, Medical Trauma, and School Issues. Therapeutic work with Adolescents includes: Eating Disorders, Addiction, Sexual Assault, School Phobias, Bullying, Divorce, Medical Trauma, and Anxiety and Depression. Therapeutic work with Adults includes: Developmental Trauma, Childhood Sexual Abuse, Addictions, Maternal Mental Health, Couples Therapy, Co-Parenting, Depression, Anxiety and PTSD. Approved at all levels for sessions and beginning level consults.

Lara Eisenberg

Email: sacredheal@gmail.com

Tel: 914.263.3999

Spirituality & Sexuality Coaching: www.mybodymindwellness.com

Somatic Psychotherapy: <https://www.laraeisenberg.com/>

SEP status: Approved session provider for all levels, Consult provider for beginning level, Sessions offered virtually and in person. Training in Sexuality: I have spent the past decade studying female sexuality, pleasure and reclaiming erotic innocence. I am an **Erotic Blueprint Coach™** and have studied extensively at the Mamagen's School of Womanly Arts and with various jade egg and tantra teachers. My focus is a more holistic model of sexuality which includes all aspects of our being: spiritual, physical, emotional, psychological and energetic. My work has been informed by my studies with Glna Ogden, a pioneer in the field of sexology and an advocate for everyone's right to sexual well-being.

Types of sexual abuse:

I work mostly with female identified bodies assisting them in reclaiming their erotic innocence, innate sensual aliveness and restoring the mind-body-spirit connection. I believe an integral part of healing trauma is to unpack the collective trauma of patriarchy and the ongoing sexualization, and objectification of women. My training in healing touch work, developmental trauma, attachment theory, shamanism, priestess studies and couples work supports clients in healing the attachment wound that leads to restored intimacy with self and the world around us. Majority of my clients contact me seeking healing with their body related to sexual trauma, religious trauma and the collective trauma of patriarchy and objectification.

New York

Larry Lannotti, LCSW, PhD

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Phone: 917-922-2876

I have an extensive background in issues of sexuality, illness, disability, and trauma. I believe that providing a body-based foundation to the work we do allows for a more meaningful process of internal growth and best supports our clients' inherent capacity for resiliency and flexibility. I find that the tools and concepts we learn in SE, when practiced within a relationally informed and attachment-based treatment leads to greater vitality and more permanent outcomes.

I am approved to provide personal sessions at all levels and individual consults at the beginning and intermediate level.

Ohio

Scott Whipple

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I've been a Lead Assistant for Advanced I & II trainings for Kathy Kain, Berns Galloway, Joshua Sylvae and Steve Hoskinson. I've also assisted Peter, Diane Poole Heller, Raja Selvan, Dave Berger, Nancy Napier and Maureen Gallagher. I am approved to provide individual sessions, consults and group consults at beginning, intermediate and advanced levels. I've presented on SE at the International Male Survivors Conference and have extensive experience working with adult survivors of childhood sexual abuse. I am a white, cisgender, gay male who also has extensive experience working in the LGBTQ+ communities.

Pennsylvania

Kay Cohen <https://www.kaycohentherapy.com/>

kay.j.cohen@gmail.com

SE trained , LGBT+ sex positive, approved to offer sessions

My name is Kay and I am a white, trans, queer, licensed clinical social worker and Somatic Experiencing practitioner. I am interested in the ways that authentic connection, collaboration, and accountability bring us closer to ourselves and each other and strengthen our communities. My approach to therapy is rooted in an ethic of social justice that emphasizes your right to claim and embody your purpose within a life that resonates with your definition of personal, social, and political empowerment. In our work together, my goal is to support you in moving through the world in whatever body, self, and community feel like home, in your ability to endure and resist the forces of power and oppression in society, and in your right to experience safety.

I am an SE assistant and will soon be able to provide personal sessions for Beginning year students. I am training in touch work for trauma therapists and beginning to incorporate that into my practice more regularly. I prioritize working with trans folks, as competent care is often harder to come by, but am open to working with many folks. Kink and poly affirming :)

International:

Canada

Tracy Montgomery

Website: www.tracymontgomery.ca

Email: tracy@tracymontgomery.ca

Tracy is a somatic sex educator and somatic experiencing practitioner who supports individuals and partnered folks to bring more pleasure and aliveness into their bodies and their lives. Tracy has a private practice in Ottawa, ON, and offers sessions in person and online. She is the past president of the Somatic Sex Educators Association and adjunct faculty at the Institute for the Study of Somatic Sex Education.

Visit Tracy's website to learn more or to book a free Discovery Call.

Somatic Experiencing Provider Level- Approved for sessions at the BEGINNER Level

Czech Republic

Vladimír Krutina

Website: <http://www.vladakrutina.cz>

Email: vladimirkrutina@icloud.com

I provide session in person or online in Czech or English language

About my education:

- I am Somatic Experiencing practitioner
- I am Certified sexological bodyworker - I was certified by [Institute of somatic sexology](https://heartcounselingcenter.jimdofree.com/english/) in 2019. In my country I offer sessions usually for LGBTQIA+ people, mostly gay men with sexual issues like erectile disappointment, painful intercourse, premature ejaculation, lack of communication, body shame etc. But also women (and men as well) which experience sexual assault. In general I work with clients regardless of their sexual orientation or sexual identity.
- I was trained by Betty Martin in Like a Pro: Wheel of Consent
- I am assistant in Somatic Experiencing training in Czech republic
- Approved for sessions at the BEGINNER Level

Japan

Tamami Kumagai

Website: <https://heartcounselingcenter.jimdofree.com/english/>

Email: k.tamami@gmail.com

My training in sexuality : Completed the following specialized trainings.

- Sexual trauma course by Justice Institute in Canada.
- California state certified rape crisis counselor training by CVS in the US
- Sex therapy and Clinical sexology course by Dariusz Skowronski in Japan.
- Professional Sexual Misconduct training by Dr Werner Chan in Japan
- Forensic interview training by Corner House in Japan
- Full embodiment training by Ariel Giarretto in Japan

My specialty

- Sexual abuse
- Sexual assault
- Male and female sexual trauma survivors
- Sexuality
- Fluent in Japanese and English

Somatic Experiencing Provider Level

- Individual Session Provider at all levels
- Individual Case Consultation Provider at all levels
- Small Group Case Consultation Provider at Intermediate level

Clients preference

- Anyone who can speak Japanese or English
- Currently offering online sessions only

Romania

Florica Motoc (Neli)

Neli is an integrative psychotherapist, trainer, and passionate explorer of Life who combines psychotherapy, somatic therapy, and spirituality in the recovery process that people go through to heal their erotic body, shame, sexual trauma, and somatic dissonance. With passion, connected with her intuition, she has opened her heart to explore new approaches to healing sexual trauma and sexuality, a space from which she is actively building this new path for the future of healing to manifest. She is an

assistant and is a provider at all levels for Somatic Experiencing Romania. She is also the co-founder of Somatic Personal Development®, an innovative concept of continuous professional training that supports the healing of sexual trauma. She lives in Focșani, Romania, Europe where she works in her private practice.

Florentina Niculescu

Bucuresti, Romania

WhatsApp: +40 745 677 534

E-Mail: florentinaniculescu@yahoo.com florentinaniculescu@gmail.com

Clinical Psychologist; Integrative Psychotherapist & Founder of Association for Somatic Experiencing and Somatic Personal Development. I am a certified Integrative Psychotherapist and also Clinical Psychologist. From 2018 I am SEP and now I am also a provider for all levels and I do live and online sessions. I work as a psychotherapist since 2014 with extensive experience in the relief of complex trauma related symptoms in cross-cultural settings while applying different methodologies (counseling, group work, crisis management in multinational companies). I attended the master's courses " Psychotraumatology and psychological assistance; Clinical, Counseling and Applied Psychology "at the University of Bucharest - Faculty of Psychology and Educational. All these qualifications have contributed to my development and in the present I became a specialist in working with trauma and abusive relationships, domestic violence, physical and sexual trauma.

3. SEPs who can give approved sessions no specific sex ed training, but are sex positive and have experience working with sexuality, relationships, sexual abuse and assault.

Canada

Parneet Chohan She/He/They

Email: parneetchohanmtl@gmail.com

Parneet Chohan is a human being inspired by the resilience and healing abilities of the mind and body. Their personal and professional work is directed towards the liberation and wholeness of all beings including themselves. She works as a counselor, naturotherapist and somatic experiencing® practitioner in private practice with a focus on intergenerational trauma and grief. Parneet also offers meditation and authentic relating facilitation and coaching. When necessary, he identifies as a brown, racialized, queer, woman, and non-binary.

MA Counseling Psychology, McGill University. Certified Canadian Counsellor, Canadian Counseling & Psychotherapy Association. SE Practitioner, Somatic Experiencing® Trauma Institute Naturotherapist, Association of Naturotherapists of Quebec.

California

Colleen Ostergren

Website: <http://sonomadeeptissuemassage.com/>

Email: colleengraham58@yahoo.com

I bring 25 years of massage/structural bodywork experience to my S.E. practice. There is a certain kind of knowledge that you get in your nervous system when you touch people consistently over many years. Touch accesses the body in a way that words cannot, and can be the missing piece in one's path to healing. I have studied in depth with Kathy Kain/Steve Terrell on touch skills for trauma and Somatic Resilience and Regulation after early trauma.

I work with clients seated in traditional SE fashion, clothed on the table for SE touch, SRR touch for attachment/developmental trauma and a combination of those things. Together we go on a search to uncover and activate the innate intelligence and capacity for healing that is already present in your body. Gently and gradually we release deep, unconscious somatic patterns that hold you back from ease, joy, health and a satisfying life. I am an approved SE provider through advanced.

Gayle Henry

Website: <http://www.gaylehenry.com>

Email: gayle2811@gmail.com

I am a Licensed Clinical Social Worker, Somatic® Practitioner & Certified iRest® Teacher specializing in the treatment of complex PTSD, emotional neglect, grief & loss, addiction, transgenerational trauma, sexual trauma, relationship distress and chronic pain. Currently, I work full time in private practice. I provide an integrated approach to the healing of trauma and use a titrated, supportive therapeutic approach. I have additional training in NeuroAffective Touch Skills, Kathy Kain's Touch skills training, as well as more traditional modalities such as DBT & CBT. I often incorporate art and movement in the healing process. Core themes that may emerge as a result of therapy with me include increased resiliency, curiosity, embodied self-awareness and connection to self & others. Prior to this I worked in a variety of clinical settings with many years working with those struggling from addiction and/or PTSD & Trauma in an intensive outpatient setting. I studied at SETI Institute and obtained my Somatic Experiencing® Practitioner certification in 2018. I began assisting new students at that time and currently volunteers her time in multiple cohorts, including a Master Class on healing Sexual Trauma, a Chronic Pain/Syndrome class by Peter Levine as well as a Master Class on Healing Transgenerational Trauma. I have been the lead assistant for the San Diego cohort with Abi Blakeslee since 2021 and am an approved provider for personal sessions for Beginning, Intermediate & Advanced SE students, as well as an individual case consultation provider for beginning and intermediate SE students.

Nadia Abou-Seda, BSW, MA, SEP Licensed Professional Clinical Counselor

Website: www.somatic4healing.com

Email: nadia@somatic4healing.com

Phone: 320-318-1378

Founder, Somatic4healing Corp.

Hi! You've arrived! Dwell on a future in which you revive your true self and stop trauma from hijacking your life! I am a Somatic Experiencing® Practitioner (SEP) and a Licensed Professional Clinical Counselor (LPCC). I specialize in trauma psychosomatic therapy. I have extensive experience in working with survivors of traumatic experiences including sexual violence (recent and historic). I adopt an eclectic, anti-oppressive and multicultural approach. I am trained in other evidence-based modalities such as Eye Movement Desensitization & Reprocessing (EMDR), Mindfulness-Based Stress Reduction (MBSR), Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Positive Parenting Program (Triple P), and Solution-Focused Therapy (SFBT). I am a certified provider in the Safe & Sound Protocol (SSP) and the Youth Mental Health First Aid Trainer. I am an approved provider and offer individual and consult sessions of the official Somatic Experiencing training.

T Sundar Sanchez DTCM, SBW

Website: <https://www.instagram.com/tantragon>

[**Harmonious Intimacy - Somatic Sex & Relationships Coach**](#)

Email: sundarhuh@yahoo.com

Sundar is sex positive Certified Sexological Bodyworker, Somatica Sex & Relationships Coach, Somatic Experiencing student, Dr of Chinese Medicine, Daoist Priest and lineage holder by Longhu

Shan (Dragon Tiger Mountain) Monastery, Jiangxi Province, China. Sundar is a somatic sex educator that assists individuals, couples and groups to deepen their experience of embodiment and pleasure. Sundar works with premature ejaculation, Inability to orgasm, relief from pelvic pain, couples wanting to enhance their sex life, learning to give and receive pleasure, recovering sexual functioning and pleasure after childbirth; pelvic or breast surgery, accepting and loving one's body, gender and sexuality, understanding anal pleasure, painful sex, arousal, erectile dysfunction, discernment, difficulty, shame, numbness, to have a more full filling sex life, to see what else is possible, prostate issues and pleasure, body acceptance, awareness, mismatch desire, disappointment, boundaries, consent, to access more pleasure, education, new perspective, low desire/libido, ejaculation choice and sexual abuse and trauma. My purpose is to bring somatic sexual education to BIPOC and LGBTQIA communities, to children and adults.

Colorado

Kristen G. Bock, LPC, NCC, SEP

Pronouns: she/they

Website: <https://innatecoherence.com>

Email: kristen@innatecoherence.com

I have over 11 years of experience treating adults with intimacy and sexual issues, kink, CNM and monogamous relationships, sexual abuse history, and concerns of the LGBTQ+ community. My approach is from a blend of Somatic Experiencing, Gestalt Therapy, and attachment-based therapy, and I'm certified in addictions counseling and Expressive Arts Therapy if this applies to the person's needs and am also trained in the Eye of the Needle. I am currently offering both in person and online sessions for SE students. I am approved to provide personal educational sessions at all levels (beginner, intermediate, and advanced), and consultations at the beginning level. More information can be found on my website.

Massachusetts

Beth Nielsen

Website: www.lotuscircleinternational.org

Email: Bethlotus@gmail.com

Phone: (415) 359-5597

Beth is a Marriage & Family Therapist, Somatic Experiencing Practitioner, and founder of Lotus Circle International, a U.S. based nonprofit that provides somatic training, program development and treatment for trauma resolution to underserved populations in India and Nepal. Beth provides sessions online and in her private practice in Sunderland, MA. She has been a Senior Assistant and Consultant with the Somatic Experiencing International for nearly 20 years and is certified to provide SE sessions/consultations for all training levels. Her passion for SE lead her into the field of Global Mental Health in 2005, when she co-lead a Tsunami recovery project in India with Raja Selvam. Since then she has developed her own women's empowerment programs, as well as a 3 module SE training for anti- sex trafficking NGO's in Nepal. Her refined work with sexual trauma focuses primarily on stabilization, empowerment, and Self-discovery.

Her main SE teachers have been Steven Hoskinson (Organic Intelligence), Raja Selvam (Integrated Somatic Psychotherapy), Kathy Kain (Touch Training for Psychotherapists), as well as assisting Peter Levine at Esalen for 6+ years. Beth engages in continual healing and deepening of her yoga and

meditation practices under the guidance of Sri Anandi Ma, lineage holder of Kundalini Maha Yoga, which focuses on the subtle aspects of energy, consciousness and spiritual development

Daniel Bear Davis

Website: <http://www.bodywisdomrestoration.com>

Email: danbeardavis@gmail.com

I don't have specific training around work with sex in its many facets and expressions. I do count myself among the LGBTQ+, sex and kink celebratory and am comfortable talking about and holding space for all kinds of content in this landscape. I currently have clients I am supporting through content around childhood sexual abuse, gender identity navigations, shame and fear related to religious upbringing and family judgement, and dissociation around sexuality. I have had brief brainstorming with a client about how kink could be a safe and consensual context in her relationship to explore some of the survival responses arising for her during sex. I'd welcome the opportunity to deepen my skills and experience supporting aliveness, creativity, and resilience in relation to all things sex. I'm approved as a session provider at the beginning level. In person in Western Mass and on-line anywhere.

Missouri

Danielle Kiesler, LMFT, SEP, E-RYT, PACT

movementintegration@gmail.com

SEP status: Approved session provider for all levels, Consult provider for beginning-Intermediate levels. I love to explore the healing that happens as we work with both pleasure and trauma. Spirituality, attachment, embodiment, creativity and nature are my interests. Also, I love to dance. Both fast and slow. I am a cisgendered, white woman who is sex positive and queer friendly.

My professional Background:

- Licensed Marriage Therapist, PACT trained level 2 Couples Therapist, also trained in the Developmental Model of Couples Therapy
- Trained in various movement & touch modalities: Dance/movement therapy, pilates rehabilitation and pelvic floor training, yoga and Feldenkrais, Kathy Kane's Touch Skills Training
- Expressive Arts therapy (dance/movement therapy, psychodrama, art and writing)

North Carolina

Michael Hurd SEP, MsC

Pronouns: he/she/they - however you experience me.

Email: shephurd@gmail.com

Phone: 828-702-7930

I specialize in body based experiential therapy, informed by meditation, movement practices, Compassionate Communication, SE and humor. I see clients online and in person in Asheville. I don't take insurance. I am approved to assist and offer sessions at all levels of the SE training. Availability is variable - contact me.

I have a Masters in Counseling. I did 8 years of residential Zen Buddhist practice and 4 months of residential yoga training. I've studied and practiced NVC and improvisational dance for many years. In addition to doing therapy, I run a construction company that builds and remodels homes. I am a white cis-male and therefore, I have an enormous amount of privilege. I work very hard to see into my blind spots and have found many, but there are many more. It's very important to me that everyone feels as safe as they can, and that I be attuned to the challenges (and beauty) that other people experience.

SE has dramatically changed my practice, and my life, and it brings me joy to share it with others. I love curiosity, laughter and exploring :-)

Tennessee

Barbie Hessel

Website: <http://www.simplybeingtherapy.com>

Email: drbarbie@simplybeingtherapy.com

I'm in Nashville, TN and am an SEP approved for personal sessions at the beginning level (I'm assisting and working toward building on this). My main focus is working with survivors of sexual abuse and assault. I did extensive course work at the university and earned a trauma certificate from UT, but, more importantly, I worked at the Sexual Assault Center in Nashville for years; I am now in private practice.

I work with ages 16+ and have had the opportunity to work a great deal with survivors of incest and childhood sexual abuse. I consider myself sex positive and work with clients in the queer community. I am also trained in other modalities including EMDR and am a Registered Sandplay Therapist in the Jungian tradition. I identify as cis-gender female and am a native Hispanic; I can offer sessions in Spanish.

Washington

Julie Manwiler BCST, RCST®, SEP®, CC, CST-D, CST, LMT, BFA, SEM, DAP, DARE
she/her/hers

Website: www.remotetraumahealing.com

Email: julieman@icloud.com

Text: 206-478-1027

SI approvals: Beginning/Intermediate/Advanced Personal and Consult Session Provider.

Welcome and hello from Coast Salish land. For the past 42 years, I have been providing remote/online sessions specializing in trauma utilizing Somatic Experiencing® and attachment (Dynamic Attachment Repatterning experience) with resonance and energetic touch. Dually licensed as a counselor and bodyworker, I work with car accidents, pain, syndromes, grief & loss, neurodivergence, feeling "other", and sacred wounds, including sexual, emotional and physical abuse. Collaborating with you, I am passionate about providing a safe and strong container that gives clearance for the profound depth of trauma ready for transformation.

Bangalore, India

Cicily Thomas

SEP, Gestalt, Cranio-Sacral Therapist

Contact Info: forcevitale@gmail.com or Whatsapp: +919449633267

Website: <https://www.vitalforcetaichi.com>

About: I work with sexual abuse, sexual trauma and sexuality. I support and enable the client's nervous system to explore, access, and ease the body towards resilience and regulation. I employ gentle body awakening exercises through movement, self-touch, and healing sounds. I use Boundary and Empowerment exercises to heal early negative imprints in the body.

I have learned :

Healing Sexual Abuse and Sexuality Trauma with Ariel Giarretto

The Transformative Power of Eros: Sexual Development, Trauma, Power Dynamics, and Intimacy with Dr. Peter Levine & Kimberly Ann Johnson

Pre and Perinatal Healing with Kate White.

I am an SE assistant with SEI and the ERGOS Institute and provide personal sessions at all Levels, in person as well as online. I am a Somatic Experiencing Practitioner and assist in trainings at all levels with Dr. Peter Levine (in his Master classes) , Ariel Giarretto, Joshua Sylvae, Berns Galloway, Efu Nyaki, Linda Stelte, Raja Selvam, Liane Pinto and Kathy Kain. I provide personal therapy sessions at all levels and case consults at the Beginning levels. My spiritual journey began more than 25 years ago through self-inquiry and a deep search for purpose and meaning for my existence. For several years, I explored and practiced techniques including vipassana, zen, yoga, tai chi chuan, qigong, counseling, NLP, Gestalt Therapy, cranio-sacral therapy, traditional Chinese as well as ayurvedic acupressure and Systemic Family Constellation. I have drawn in the essence of ancient wisdom from these practices and blended them with the modern-day holistic healing approaches. For over two decades, I have been teaching tai chi chuan and qigong and, since 2017, have integrated Somatic Experiencing into my practices. I work with adults, adolescents, children, and pets, and it has been an amazing journey. I am trained and assist in 'Healing Sexual Abuse and Sexuality Trauma' with Ariel Giarretto, Sexual Development with Dr. Peter Levine & Kimberly Ann Johnson. I work with sexuality, sexual abuse, and sexual trauma. I assisted in Dr. Peter Levine in several trainings including 'The 'Eye of The Needle' Master class, SE for Children with Peter and Dafna Lender, Burlingame and San Diego, USA. I learned 'Pre and Perinatal Healing' with Kate White. I am currently doing Integral Somatic Psychology with Dr. Raja Selvam. I am also a facilitator with Legacy Motion, for the online 300hr Trauma Informed Facilitator Training since October 2022 where I teach 'Qi Gong to Support the Nervous System'. I am currently training in Transforming Touch® Practitioner Training with Stephen Terrel. In the therapy sessions that I offer, I look to support the autonomy of the client in their journey to wellness and health. I encourage clients to be curious, explore, access, and ease their body through spontaneous movements. When appropriate, I include healing sounds, self-touch, boundary, and embodiment exercises to enable resilience and regulation, in a relationship based on safety, trust, respect, curiosity, openness, kindness, compassion, and acceptance. My other joys and passions include hiking and being with my dog, swimming, reading, music, marveling at nature, traveling, gardening, intercultural work, sustainable tourism, and having meaningful exchanges with wonderful people across the globe!

4. Sex educators/coaches not trained in SE but excellent practitioners.

Australia

Jonn Close - Sydney

Website: <https://bodycurious.com>

Email: jonn@bodycurious.com

Tel: +61 416 012 862

I'm a Somatic Sex therapist and Embodied Counsellor (training with the Institute of Somatic Sexology <https://instituteofsomaticsexology.com/>), and Healing Sexual Abuse and Sexuality Trauma with Ariel Giarretto of full embodiment. I have a Studio for men based in Sydney's Potts Point offering a safe space for men to be supported by other Men, we also provide somatic sessions including Yoga, Massage and body Work to further support our clients individual journeys.

I specialise in Sexual and Physical trauma for those who identify as Men however also work with all sexual identities and orientations.

I support clients in Studio or online and welcome any enquiry by email or phone.

Sumati Sparks

<https://sumatisparks.com/> sumatisparks@gmail.com

Since 2000, Sumati has been coaching people in the areas of relationship and sexuality and now specializes in helping people create open relationships that work. Sumati has been a personal and spiritual growth junkie her entire life. Her training includes having attended over 40 workshops with the Human Awareness Institute, also known as HAI, is a trained Zegg Forum Facilitator and part of the Network for a New Culture, has studied Non-Violent Communication (or NVC) with Marshall Rosenberg, has been practicing 12-step work in the areas of relationship and addiction since 1985, is a trained PSYCH-K Facilitator (a process used to remove limiting beliefs), has a Yoga & Meditation teacher certification through the Sivananda school, and has studied sacred sexuality with Evalena Rose, Baba Dez and other prominent teachers.

Ailsa Keppie

Website: <http://www.pleasureforhealth.com>

Email: ailsakeppie@gmail.com

I am a trained Massage Therapist, Somatic Sex Educator, and in my 4th clinical year of Bioenergetic Analysis (a somatic psychology modality). I am a member of WASC (world association of sex coaches) Co-president of the ACSB (Association of certified sexological bodyworkers) (2021-2022) currently Chair of the Ethics Committee (2022-present) Member of the ethics committee of the SSEA (Somatic Sex Educators Association) A member of the USABP (US association of body psychotherapists) I specialize in trauma and sexual issues for individuals or couples seeking support through online sessions or in person and I have a few online courses also.

California

Annie Boheler

Website: <https://lovagesomatics.com> Email: bohelerlovage@gmail.com

Text: 678.386.8059

Annie Boheler is a Certified Somatica® Practitioner, Sex Coach and Somatic Experiencing® Practitioner. She is committed to working with individuals, couples, triads and groups around intimacy and collectivism through a trauma informed lens. Her focus is to support your idea of an intentional relationship design founded in pleasure positivity. Founded in deep ecology and anti-oppression work, Annie enjoys working with those who seek holistic healing and empowerment. She is comfortable working within her LGBTQIA+ community, historically marginalized relationship styles, kink, sexual assault, body image, and supporting your overall sexual confidence. Currently all sessions are online. (California - all online sessions)

Satchita Melina

Website: <http://www.lupawellness.com>

Email: WisdomHeart@protonmail.com

Psychedelic Preparation and Integration guide, Ceremonialist, Certified sexological bodyworker, certified birth doula. Trauma Informed. Currently working on becoming a licensed MFT psychotherapist at CIIS.

Location: San Francisco, CA and great Bay Area.

Colorado

Ashley Wallman

Website: <http://holisticrelationalhealing.com>

Email: ashley@holisticrelationalcoaching.com

I'm a previous LMFT and Level one Trained in IFS. I love working with all things couples, sex, intimacy. I'd be a great fit for anything except the sexual dysfunction work or clients that actually would better benefit from a trained sex therapist. Super interested and passionate about consensual non-monogamy

and all things attachment. Very open to all lifestyles and walks of life. I specialize in attachment and IFS work with individuals and couples anywhere in the country and in person in Colorado.

New York

Cyndi Darnell

Website: <http://www.cyndidarnell.com>

Email: admin@cyndidarnell.com

I am a globally recognised and renowned sexologist, therapist and educator in sex and somatics. Originally from Australia but now based in NYC, I am the author of Sex, "When You Don't Feel Like It: *The Truth About Mismatched Libido & Rediscovering Desire*" and the creator of "The Atlas of Erotic Anatomy and Arousal" (now used in somatic sex education and Sexological Bodywork trainings worldwide), an online video course for anyone interested in how the erotic body works from a pleasure perspective. I have over 25 years experience in somatics, sexology, counseling and sex worker support. I serve clients across the world and offer case consultations to practitioners exploring sexuality and somatics in their practices. See more about that here <https://cyndidarnell.com/mentoring-supervision-for-professionals/>

My work has been featured in publications like The New York Times, The Washington Post, Forbes and many more. My clinical work is published in the Journal of Sexual & Relationship Therapy and I have chapters in a multitude of clinical texts including Relationally Queer (Routledge) #MeToo and The Politics of Social Change and The Encyclopedia of Sex & Sexuality. My practice is solely online specializing in sex & relationships across the sex, gender & relationship spectrum - special expertise in sexual minorities LGBTQIA+, non- monogamies and polyamory, kink and relationship support for sex workers and their partners.

Member of the ethics committee of the SSEA (Somatic Sex Educators Association)

A student member of the USABP (US association of body psychotherapists)

Currently undertaking my 6th graduate degree, this time in Social Work

Australia

Jonn Close

Body Curious - Men's Yoga, Massage & Sexological Bodywork jonn@bodycurious.com

Professional Member of SSEAA <http://sseaa.org/> & Yoga Australia <https://www.bodycurious.com>

5. SE community who do not offer approved SE sessions but are sex positive and have experience with sexual abuse or special training in sex education and coaching.

California

Sarah Michelle

Website: SarahMichelleSomatics.com

I'm an SEP and work exclusively with sex and intimacy issues with individuals and couples. I help individuals and couples resolve sexual difficulties, find safety, deepen their connection with themselves and with each other. I utilize the Erotic Blueprints model as well as Somatic Experiencing. I'm also trained in EMDR, EFT Tapping, Attachment models, SFSI Sex Educator, Sexological Bodywork and Bondassage. I work with sexual issues, problems with intimacy, incompatibilities and challenges with couples.

I'm very sex positive, LGBTQ friendly, kink friendly.

Jaime Williams

Website: <https://desireintimacylove.com/> and [Instagram](#).

Jaime Williams has worked with couples since 2014, specializing as a Certified Somatic Method Sex and Relationship Practitioner since 2016. She brings feisty playfulness, grounded intuition, and empowered compassion to her skill set as a practitioner. As a lifelong student, she believes that her growth and humanity are essential to her vitality as a Sex and Relationship Coach. In 2021 she began to study a modality called Somatic Experiencing created by trauma therapist, Peter Levine, completing her certification in 2023. Somatic Experiencing addresses the root causes of trauma symptoms with a body-based approach to healing. Incorporating SE into her sessions has shifted many of the unhealthy patterns that were previously dictated by past trauma in her clients' lives. Jaime is tethered to a deep understanding that though many of us have wounds anchored in sexual or relational trauma, with time and care, we can also heal consciously through sex and intimacy. Sensuality, sexuality, and intimacy then become an embodied sacred place where healing, pleasure, liberation, and authentic connection can happen. Jaime works primarily with couples of all relationship styles but incorporates solo work in support of individuated growth within relationships. She also does immersion work with couples; a deep dive over a shorter amount of time and also incorporates group workshops to build a deeper awareness around how we can collaboratively support one another in our individual lives. Her sessions are predominantly in person, but she also works internationally online. Jaime has an active practice in Nevada City, CA, built out of a wealth of love. She has three beautiful children who are her biggest teachers, a supportive family, a rambunctious and nourishing group of friends and community, and an ever-growing experience of real-life relationships that anchor her to the reverberant experience of transformation through intimacy.

Aimee Kingery

Email: seekarouseexplore@gmail.com

Phone: 415-713-4964

A Certified Sexological Somatic Bodyworker (via Institute of Somatic Sexology) since 2019. Sexual Assault Counselor, main training facilitator for a California Sexual Assault Counselors 80 hr certification and a Community Leader (2020-2022) 15 years+ studying various Tantra with mentors like David Deida, Margot Anand, Charles Muir, Triratna Buddhist Community and many others. Member of the Conduct Team for Boundless Events (Kink Community) 2022. Certification in progress - Integrative Women's Pelvic Care Bodywork (via Beaudoin Bodywork) March 2024

I'm a product of the Vietnam war; my Father who is Irish and Muscogee Native American Indian married my mom who is Chinese who was born and raised in Vietnam. I've gone through many of my own traumas and self learnings so I can relate to many diverse communities and situations without judgment. I care deeply for people and love to be of service.

Illinois

Becky Carter

Website: <http://www.familyresilience.org/beckylcpc@comcast.net>

Phone: 847-398-0499

I am a biracial, cisgender, transracially adopted female. My ancestors are West African and Sicilian. I have two black adopted children. I am a trauma therapist with 20+ years experience in helping both women

and men heal the wounds of relational trauma that occur in-utero and beyond. I am trained in both Somatic Experiencing and Transformative Touch Therapy.

I strive to create a space where clients can understand, through a new lens, the impact of trauma, stress and pain on their whole being. I enjoy the process of nurturing resilience in clients and supporting the regulation of the nervous system. I work with adults and teens and have special expertise with repairing complex trauma, dissociation and sexual abuse. I have a special dedication to supporting adoptees and their families.

I also facilitate groups for both male and female survivors of sexual trauma; creating a safe and collaborative process for oppressed, shamed and vulnerable clients to be witnessed and to find their voice. I write often about my work whether through blogging or poetry. I am a therapist at Family Resilience Group in Arlington Heights, IL.

Stephanie Rae

Website: <https://www.stephanieraecoaching.com>

Email: StephanieRaeCoaching@gmail.com

My niche is sexual trauma for my SE work. I have studied under Layla Martin at the Tantric institute of Integrated Sexuality and I specialize in Men's Sexuality (PE/ED), Jade Egg, and Women's Pleasure and Sexual reclamation. I have studied Embodied Breathwork through a two year program with Biodynamic Breathwork for Trauma Release. I have also intensively trained in embodiment under many tantric teachers who lived and studied with OSHO (while problematic, many people he worked directly with are phenomenal teachers). Tantra and Kink/BDSM are my jam and personal lifestyle, with clients as well. I can work with couples who are looking to explore this and/or recovering intimacy. I do not work as a couples therapist, my couples are very much in love and just life, work, kids, ect has pulled them away from prioritizing sex and passion. We work to restore that. 100% of my clients are sex related and I work 60/40 Men/Women. I am LGBTQIA friendly and have a few clients (mostly bi-sexual women) but I wouldn't say it is fully my niche as 90% of my clients are cis-het. I am fully open to working with anyone and am in continual training on how to be better informed, teach, ect. I work in a 10-12 week coaching container with clients with 10-12, 60 minute sessions and email between.

Michigan

Sara Rollins

Sara@embodiedwellnesstherapy.com

www.embodiedwellnesstherapy.com

Sarah Rollins is a licensed clinical social worker in Michigan for the past 9 years and owns a virtual group practice specializing in somatic therapy, trauma, anxiety and OCD for adolescents and adults. Sarah specializes in developmental trauma, complex trauma and addiction. In addition to SE, she also integrates EMDR, IFS, and an attachment lens in sessions. She is an assistant at the Beginning Level and is not currently a session or consult provider but will be a session provider at the Beginning Level in early 2023. She has completed Ariel Giarretto's Healing Sexual Abuse and Sexual Trauma Workshop. She has a history of working with individuals in the LGBTQ+ community and people who identify as polyamorous and kink.

Texas

Mariam Thompson, LCSW, PSEP

Website: <https://marianwthompson.com/>

Email: me@marianwthompson.com

Phone: 512-540-5854

I have so much passion for my work and I consider it an honor to hold space for clients to work through intense emotions and past traumas. I had been a psychotherapist for several years before I discovered Somatic Experiencing and Emotionally Focused Therapy – they were really game changers for me, both professionally and personally. They've helped me be an observer to what's happening inside and helped me better communicate and advocate for myself in relationships. I love helping clients find their voice and watching their confidence unfold as they understand themselves more.

I've taken the core skills training for AASECT (haven't decided if I'm going to finish the whole program or not) and your recent workshop on Advanced Strategies for working with Sexual Trauma and Sexuality as well as some of your pre-recorded workshops. I'm a PSEP hoping to become an SEP whenever they allow us to do the last two days in person! I'm in Austin, TX.

Stephanie R. Rodriguez

Website: <http://www.cultivatingchanges.net>

Email: srodriguez@cultivatingchanges.net

Stephanie Rodriguez, MSW, LCSW-S believes everyone has the ability and strength within themselves to see the change they wish to see in their life. As your therapist, Stephanie strives to provide a supportive and non-judgmental environment conducive to overcoming any challenge. Stephanie graduated with her bachelor's degree in Social Work from Missouri State University in Springfield, Missouri in 2005 and received her Masters of Social Work from University of Houston-Graduate College of Social Work in 2008. Stephanie has extensive experience working with trauma recovery, including but not limited to: family violence, sexual assault, grief, complex-PTSD and PTSD.

Stephanie is a Sex Addiction Therapist (CSAT) through IITAP in the treatment of sex/love addicts and their partners. Stephanie is also EMDR certified and an approved consultant. Stephanie is an advance student in somatic experience therapy and works with the body to heal trauma and chronic medical conditions such as chronic pain, concussions, and TBI. She specializes in PTSD, trauma, family violence, sexual assault, sex addiction, adults who were abused as children, grief, anxiety, depression, chronic pain and suicidal ideations.

Washington

Annie Orr

Website: <http://annieorrphd.com/aboutme/>

Email: annie@annieorrphd.com

I recently moved to Tacoma, WA, and I can work with clients in any US state and internationally. I'm a provisional SEP now (just need to take the 2-day in-person training when it's available), and I've taken the Full Embodiment course on sexuality trauma as well as a sexual trauma training offered by Peter Levine and Diane Poole Heller a couple of years ago. I've also completed the DARE training and am well versed in attachment. I'm midway through Kathy Kain's Touch Skills Training and will begin the Somatic Resilience and Regulation training (Kain and Terrell) this fall. I have completed the 2-year Embodied Recovery for Eating Disorders training, which incorporates attachment, SE, Sensorimotor Psychotherapy, and Bonnie Bainbridge Cohen's Body Mind Centering approach. I'm an approved assistant for SE trainings at the beginning level and plan to work towards being a session provider as well.

I'm queer/nonbinary, and many of my clients are LGBTQ+ and survivors of sexual assault. I'm a survivor myself and have experienced true somatic healing from the inside out. I particularly enjoy working in an embodied way with folks who are exploring their gender identity and sexual orientation.

Europe

UK

Aaron Whalen

Email: ashiatsu@hotmail.co.uk

While studying to be a massage and fitness professional, Aaron commenced his journey into shiatsu in the early 1990's. He combined a passion for understanding the complexities of anatomy with how whole 'systems' within the body work together. What Aaron loves about shiatsu is the flow and size of the subject and how this provides an ideal environment to connect with clients at the levels required to assist recovery. Aaron has worked for PROMIS Clinics and Withersdane Hall for over six years now and thoroughly enjoys working with appropriate teams of professionals caring for patients suffering from a range of mental health and addictive pathologies.

Tracy Ellis

Email: tracyellis47@hotmail.co.uk

My training allows me to work with the clients mind in a verbal capacity and with the body in a non verbal capacity. Touch/Somatic therapy works really well alongside talk therapy. Through touch work I can help the body tell its own story. We can look at the wisdom of the body as it clearly reflects our implicit memory from our past experiences. These memories are shown in sensation, posture, facial expression and posture. It's why just talk therapy alone can be insufficient. Together we can work so the body has a more solid foundation and feels safer. Through talking I can help my clients understand their thoughts, beliefs, emotions, and defensive patterns of behaviour. These patterns can limit our relationships and the way we are in the world. Working with people to understand the way they may feel stuck, opens up choices, they long ago felt they didn't have. Being witnessed, accepted and seen for who you are at this time in your life, is the start. You pay for my professionalism but you get my heart for free. I am qualified in SE and attachment theory.

Italy

Ottavio Joshèn de Stefano

Male, 55 years old, Italian, offers Online and Live Sessions in Foggia, Rome, Terni, Riccione, Italy, in Italian and English.

Contact: Facebook & Messenger: Ottavio Joshèn de Stefano

Founder of the only Italian polyvagal somatic consultancy research institute, trained in sexual and tantric Counseling, bioenergetic Counseling and systemic relational Counseling [10 years in total], Master of Meditation, Osho Therapist, Primal Therapist, Breath Therapist and Massager, he dedicated himself for the last 10 years studying Levine's Somatic Experiencing, working and practicing with Doris Rothbauer, Berns Galloway, Maggie Kline, David Sawyer [3+3+3 years] in the work of the Neurophysiological resolution of Trauma. As an SEP he then became certified as a specialist in Polyvagal Theory and practice directly with Deb Dana [Stephen Porges]. He works in the hot pool with Watsu having worked with Harold Dull and his students. Three-year training in IBP, integrative body psychotherapy by Jack Lee Rosenberg. Ottavio is also trained in Programming, Mathematics and Computer Science at the University of Bari, Italy. Training in Acting Stanislavski Strasberg Method, Actor Studio New York.

He offers therapy integrating all his experience of the last 30 years of life, working in particular with sexual disorders [functional impotence, premature ejaculation, anorgasmia, trauma] also offering three-year individual training. He also works with Anxiety, Panic, Depression, Fibromyalgia, Fatigue and Chronic Pain. For free info he offers 20 minutes online or by telephone.

Italian Version:

Ottavio Joshèn de Stefano

Maschio, 55 anni, italiano, offre Sessioni Online e dal vivo a Foggia, Roma, Terni, Riccione, Italia, in italiano e inglese.

Facebook & Messenger: Ottavio Joshèn de Stefano

Fondatore dell'unico istituto di ricerca in consulenza somatica polivagale italiano, formatosi in consulenza sessuale e tantrica, consulenza bioenergetica e consulenza sistemico relazionale [10 anni totali], Maestro di Meditazione, Osho Therapist, Terapeuta Primal, del Respiro e Masaaggiatore, si è dedicato negli ultimi 10 anni allo studio in Somatic Experiencing di Levine, lavorando e praticando con Doris Rothbauer, Berns Galloway, Maggie Kline, David Sawyer [3+3+3 years] nel lavoro della risoluzione Neurofisiologica del Trauma. Come SEP si è poi certificato specialista della Teoria e della pratica Polivagale direttamente con Deb Dana [Stephen Porges]. Lavora in piscina calda col Watsu avendo lavorato con Harold Dull ed i suoi allievi. Formazione triennale in IBP, integrative body psychotherapy di Jack Lee Rosenberg. Ottavio è anche formato in Programmazione, Matematica ed Informatica alla Università di Bari, Italia. Formazione in Recitazione Metodo Stanislavskij Strasberg, Actor Studio New York. Offre Terapia integrato tutta la sua esperienza degli ultimi 30 anni di vita, lavora in particolare con disturbi della Sessualità [impotenza funzionale, eiaculazione precoce, anorgasmia, traumi] proponendo anche formazione individuale triennale. Lavora inoltre con Ansia, Panico, Depressione, Fibromialgia, Stanchezza e Dolore Cronico. Per info gratis offre 20 minuti online o telefonici.

The Netherlands

Elisabeth Dana Zewuster

Website: www.elisabethdana.com

Email: info@elisabethdana.com My work lies at the intersection of pelvic health, sexuality, trauma and chronic stress. I am absolutely passionate about supporting clients on their journeys towards pelvic wellness, sexual empowerment, trauma healing and embodiment as a key towards self-realization. I serve clients of all genders across the globe, either long-distance via Zoom or face to face in my practice in The Netherlands. In-person sessions can include hands-on bodywork and trauma-sensitive touch. I'm a Somatic Experiencing Practitioner, Sex & Intimacy coach (from the Tantric institute of Integrated Sexuality) and Pelvic Health Specialist (Holistic Pelvic Care© and Integral Pelvic Therapy©).

Spain

Guillermo Pernas Bilbao

Website: <http://www.pushan.es/>

Email: gpushan11@me.com

More than 20 years ago I began a deep investigation in Eastern philosophies, such as Taoism, Buddhism, Sufism and Tantra. The knowledge of these currents of thought, as well as my encounter with Osho and the Diamond Breath School, awaken my desire to discover the true nature of Being, integrating mind, body and spirit, and lead me to the study and practice of different disciplines. Body techniques such as Tai Chi and Chi Kung, work with Breathing, Bioenergetics and Somatic Experience, as well as Meditation and Manual Therapies, constitute the basis that allows me to later develop my work of accompaniment

and counseling. Currently I direct groups and individual sessions, both nationally (Bilbao, Barcelona, Madrid, San Sebastián ...), and internationally (Italy, Lithuania, Bulgaria, Ukraine, China, Vancouver) integrating the different techniques in which I have specialized. I have assisted the SE in Barcelona with Liane Pinto and Sonia Gomez and actually I'm assisting Berns Galloway in the SE training in Croatia.

Sweden

Lisa Strand

Email: lisa.strand@icloud.com

I am comfortable talking about and working with LGBTQ+, sexual abuse, sexual issues. I am SEP, I took a sexuality group for you in Sweden 1-2 yrs ago. I'm a psychologist and I've been working with these issues for a long time, working through my own childhood abuse for many years. My current webpage is in the making, but it is fine to write emails to this address at this point. I work in Stockholm, Sweden or via zoom.

Mona Nygren

Website: <http://www.psoas.se/>

Email: lycka@psoas.se

I work with women that has GHIA and early birth traumas, or comes from abusive relations, S/M, Suspension, relationship problems, intimacy problems.

Education:

Medical Trauma with Peter and Concussion with Dave Berger.

Working with anger – online.

Your Sexual workshop in Sthlm.

Working with children, Ale Duarte

SOMA Embodiment with Sonia Gomes (1 year.)

Compassionate Inquiry with Gabor Maté. (1 year.)

Motor development and early adaptations, Blomberg Rhythm Movement Training – primitive reflexes, Moro and freeze response (7 years of study and assisting on workshops)

Ray Castellino – Prenatal and Perinatal Healing online-learning

Ayurvedic Health Practitioner (1 year.)

I also have a Swedish education (2 years) "rehabilitation therapy assistant" a strange occupation not found in the English language. It is assisting people in schools or at rehab centers, trauma centers not existing in this country.

Australia

Christine Savides

Website: <http://www.christinesavides.com>

Email: christine.savides@hotmail.com

I am a Gestalt Psychotherapist in private practice and currently at Intermediate Level with Abi for SE and planning to complete with yourself next year I understand. I also work in a community clinic as a volunteer which provides a low cost service.

I have experience working in the Family Violence system here in Australia. I was responsible for implementing a Men's Behaviour Change Program here in Victoria for perpetrators of family violence and I also assisted with the wrap-around services for the victims and partners of the perpetrators. I no longer do that work as I currently have my own practice and abuse and sexual issues have arisen many times. As a mother of two young adults and being an older woman this is a space I find myself comfortable in – and so do my clients talking to me. I work face to face and online with zoom (all through

our 6 month lock down last year). Happy to work online with clients from different time zones if we can find a time that works depending on where they are.

Malaysia

Nahlana T. Kreshnan

Website: <https://web.facebook.com/SomaticAsiaTherapy/>

Email: nahlana.tk@gmail.com

Somatic Asia is run by Nahlana T. Kreshnan. Nahlana holds a Graduate Diploma in Counselling from Swinburne University of Technology, Australia. She is also an SEP (Somatic Experiencing Practitioner).

Chile

Nicole Baumgartner Loeb she/her Santiago, Chile and online in Spanish

Email: nicole@sexualidadconsentida.com

Website: www.sexualidadconsentida.com

Nicole is a TC-TSY Facilitator (Trauma-Sensitive Yoga), a certified Yoga Instructor (RYT 200) and a Clinical Psychologist (PUC, Chile), specialized in Sexuality and Trauma. She undertook her postgraduate studies in Barcelona (UB), where she was trained in topics related to sexual and reproductive health. She specialized in yoga for survivors of sexual violence, and certified herself with Zahabiyah A. Yamasaki. For several years she attended in a Center for the Attention of Sexual Assault Victims in Chile, being in charge of the treatment and therapy of adult women, individually and in groups. In her work she combines three areas of very special interest to her: Somatic Psychology, Sexual Therapy and Psychotraumatology. She incorporates a sensitive view to trauma, focusing on the body as a territory for sexuality and personal resources, and advocates a vision of sexuality as a source of pleasure, vitality, creativity and mental health. Currently she is dedicated to accompany individuals and partners to re-signify their sexualities after cases of sexual abuse and tries to claim and integrate pleasure as a human right. She offers collective activities and spaces related to the healing of sexual trauma and trauma-sensitive yoga for women who have experienced sexual abuse.